

Claire Jones **|** RNA

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 **Personal statemeNT** 

I am an NMC registered nurse (adult nursing) with an excellent clinical track record. I am an exceptionally well organised individual with administration experience and excellent interpersonal and people management skills.

I understand the importance of taking a person-centred approach and in every aspect of my nursing, I ensure my patients are respected, involved and feel in control. I have previous experience with complex care, high dependency patients and spinal cord patients. I have been trained on CQC standards and I ensure the care I deliver is fully compliant.

 **work history** 

Clinical Nurse, Care2U Limited **|** June 2014 - date

In my current role, I provide clinical advice, training and support to all levels of staff. Through monitoring and training I ensure staff are competent to carry out their role safely and effectively, possessing the necessary knowledge to be able to work efficiently and independently within the team.

As a member of the leadership team I am responsible for ensuring the entire facility operates effectively and that the business delivers the very best quality care. I regularly carry out risk assessments, care reviews and audits, and I verify MAR charts. This is a fast paced, professional and team-orientated working environment and therefore, taking a hands-on can-do attitude is key to my success in this role.

Regional Clinical Development Nurse, Care4Me Limited **|** Jan 2004 – May 2014

In this role I lead, supported and worked to continuously improve the clinical governance and quality of care for residents across eight care homes. I supported the performance of each home, ensuring it operated to the highest clinical standards. Each month, I reviewed the clinical governance database and KPIs of the individual homes, analysing the results and identifying appropriate strategies to make sure all regulations are met – whilst ensuring the organisation continually improved the care it delivered.

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 **work history (cont.)** 

Nurse, Future Care Limited **|** Jan 1991 – Dec 2003

In this role I was responsible for ensuring the highest standards of person-centred care were delivered at all times by undertaking accurate assessment and planning of care, delivery and ongoing evaluation of the care plans. I carried out typical nursing tasks that included the distribution of medication, dressings, catheterisation, tube feeding and management of chronic medical conditions. In addition I provided support and guidance to all staff including training of new members. I also liaised with both health and social care professionals and family members involved in the wellbeing of individual residents to maintain a holistic approach to their care.

 **education** 

Universities R US **|** Sept 1988 – June 1990

Bachelor's degree in Nursing (Upper Second Class Honours) specialising in Adult Nursing

College2U **|** Sept 1986 – June 1988

A Level Biology (A), Chemistry (B) and English Language (C)

Secondary2U **|** Sept 1980 – June 1986

Nine GCSEs (including mathematics, English language and Biology) at Grade C or above

 **interests** 

When I am not at work, I enjoy going to the gym and hiking. I also take part in several half marathons each year for charity. I am involved with my local community group, ‘Nottingham Elderly’, where I lead a small team of volunteers in ensuring lone elderly people are visited regularly.

 **references** 

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