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| CHARLIE SMITH | CARE ASSISTANT |
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| Objective | 123, High Street, Nottingham NG1 234 / (0115) 9123456 / charliesmith@hotmail.com |
| I am experienced in providing personal care services, including prompting and administering medication, preparing meals, assisting with shopping and general house hold tasks. I am honest, trustworthy and a good communicator, with a caring nature and a desire to make lives better. I am looking for a full time role providing care to people in their homes. |
| work historY |
| CARE ASSISTANT2017 – date, Happy Home CareAs a part-time Care Assistant for Happy Home Care, my responsibilities include providing personal care, prompting and administering medication, meal preparation, general household tasks and shopping. Although I enjoy my role, I am looking for full-time hours.CARE ASSISTANT2014 – 2017, LOVE Home Care LTDMy role included assisting clients with personal care, such as eating, washing, dressing, and toileting, assisting in the safe lifting, transferring, re positioning and movement of clients, and ensuring the clients were comfortable within their surroundings.JUNIOR CARE ASSISTANT2012 – 2017, LOVE Home Care LTDMy role included assisting clients with personal care. |
| EDUCATION |
| Level 2, 3 AND 4 Diplomas in Health and Social Care2014 – 2017, hyson green college7 GCSES GRADE C AND ABOVE2000 – 2014, HYSON GREEN COMPREHENSIVE |
| skills |
| * Patient.
* A pleasant demeanour.
* The ability to multi task.
* Hard working and physically fit.
 | * Punctuality.
* Reliable.
* Kind manner.
* Ability to work in a team and alone.
 |
| interests |
| * Knitting
* Sewing
 | * Crafting
* Hiking
 | * Theatre
* Aikido
 |
| references |
| Jillian Roberts, DirectorHappy Home Carejilly.roberts@happyhomecare.com(01949) 123 4567 | John Smith, DirectorLove Home CareJohn.smith@lovehomecare.com(01949) 123 4569 |

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