

# SAMUEL SMITH

REGISTERED NURSE

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## Key skills

- + Elder Abuse
- + Mandatory Reporting
- + Occupational Health & Safety Act
- + Infection Control
- + Bullying & Harassment
- + Equal Opportunities
- + Injury Management & Suturing
- + Occupational Health and Safety
- + Medication Administration
- + Wound Management
- + Pre and Post Surgical Care
- + Care Planning and Reporting
- + Intubation
- + Continence Management
- + Aged Care Standards

## Personal profile

- I am a highly qualified and experienced Registered Nurse with a passion for providing high-quality patient care with expertise in geriatric nursing acquired during a career spanning more than 10 years.
- I have successfully developed strong therapeutic relationships with patients to support their recovery, ensuring a patient-focused approach at all times.
- I am an approachable and supportive leader within a multi-disciplinary team environment with excellent interpersonal and communication skills.
- I am highly adaptable with exceptional organisational skills and I thrive under pressure.
- Resilient and dedicated, I enjoy a challenge and confidently adapts to new tasks and environments, maintaining a consistently positive attitude and I make appropriate use of a good sense of humour.
- My personal nursing blog includes articles and guides to help nursing staff make positive shifts and cope with the realities of being a caregiver in the ever changing healthcare environment, with inspiration and tips to help nurses in their daily nursing practice. It attracts 15,000+ unique visits per month.

## Career Summary

**STAFF NURSE | PIER VIEW CARE HOME, HOSPITAL AND DEMENTIA CARE**  
March 2001 - Present

I joined Pier View Care Home following my nursing training and qualification and during this time I have received promotion to Staff Nurse within a 50 bedroom Hospital and Dementia Care Centre. My routine responsibilities include managing a mix of patients with chronic health conditions including stroke, chronic kidney failure, respiratory failure, congestive heart failure and a number of chronic health illnesses.

### Key Achievements

- Performing leadership duties including managing staff and maintaining comprehensive records.
- Playing a key role in the nursing assessment and admission of patients and in the subsequent planning, implementation and evaluation of high-quality care resulting in a recent (December 2020) Care Home CQC Rating of Excellent.
- Consistently prioritising a demanding workload to ensure the individual needs of patients are met whilst complying at all times with relevant guidelines and legislation Performing Team Leader duties with increased responsibility for rosters and charts relating to restraints, showers, skin assessments, pressure area prevention and wound care.

## Qualifications

**BN (Hons) Adult Nursing**  
City University of  
London  
*1998 - 2001*

### A Levels

Including Biology (B),  
Health and Social Care  
(B) and Chemistry (B)  
*1996 - 1998*

### 5 GCSEs

Including English,  
Science and  
Mathematics Grade A-C  
*1994 - 1996*

## Certifications

**RGN Qualified Nurse**  
The Nursing and  
Midwifery Council (NMC)  
Pin: 23646464664  
*1998 - Present*

### **STUDENT NURSE | BARTS HEALTH NHS TRUST | NORTH MIDDLESEX UNIVERSITY HOSPITAL NHS TRUST**

April 1998 - February 2001

During my degree, I covered a number of placements where I was responsible for the care of patients in the capacity as a Student Nurse with responsibility for the delivery of compassionate and patient-centred care. I gained experience in updating vital signs, collation of medical histories, conducted blood draws and changed dressings whilst working in close liaison with patients and the wider medical team.

#### Key Achievements

- Collaborated with the medical care team in various departments on rotation, including ICU, CCU, medical and surgical wards.
- Developed and evaluated nursing care plans tailored to individual patient needs; with the care of up to 3 patients in each section under the direct supervision of the Staff Nurse.
- Acted appropriately on own initiative in response to emergencies to implement interventions readily applying medical training where appropriate.

### **NURSING ASSISTANT | BIDWELL RESIDENTIAL CARE CENTRE**

June 1996 – March 1998

I secured this part-time role as a domiciliary care assistant whilst studying and continued working on a temporary basis during the holidays whilst employed as a student nurse. My responsibilities included supporting and providing care within a 30-bed residential care unit to patients with dementia; gaining all-round experience in health and social care further confirming my passion to pursue a career within nursing. I was responsible for delivering palliative care and administering end of life drugs

#### Key achievements:

- Supported with providing medication, updated fluid charts, escorted residents on excursions and maintained risk assessments.
- Worked within a multidisciplinary team and provided integral support to the medical team.
- Completed in-house, company induction, e-learning and medication administration for care training.
- Meticulously monitored and reported on changes in health and wellbeing of the residents and engagement in tasks and activities by logging in their daily recording notes further demonstrating excellent written communication skills.
- Excelled in developing and maintaining professional relationships with the residents and their families through exceptional interpersonal and communication skills.

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