Jayne Alexandra

35, High Crescent, Arnold, Nottingham NG5 8DY · 07984 111222

jayne.alexandra@gmail.com · linkedin @jaynea86

# Professional Profile

* I am a diligent, compassionate and pragmatic Senior Midwife with a strong and successful background within the field of midwifery with specialist expertise in breastfeeding.
* I am passionately committed to inspiring, motivating and empowering new mothers to gain confidence within newborn care and enable them to achieve the birth plan that they intended.
* I have proven leadership skills and the natural ability to establish professional relationships within a multidisciplinary team. <https://www.cvtemplatemaster.com>
* I am caring and highly personable and I provide a reassuring and calm approach throughout labour.
* I am fully committed to my professional development, sharing of clinical best practice and advancing the careers of others within a team. I share a real passion for training and staff development.

# Affiliations

## Nursing and Midwifery Council (NMA), 2011-Present

# Career Summary

##### April 2018 – date

## Senior Midwife

### Birmingham City Hospital, Maternity (Lactation and Breastfeeding Consultant)

As a senior Midwife I have overall responsibility alongside the Head Midwife for the management of a 40-bed maternity ward and birthing unit, and supervising and training a team of 35 midwives, 40 Healthcare Assistants and 10 Student Nurses. During this time I have undertaken specialist training and qualified as a Lactation and Breastfeeding Consultant.

* Providing considerable clinical expertise and best practice care and education during high-risk pregnancies, labouring and post-partum mothers within a midwifery-led service.
* Designed and delivered a range of lactation and breastfeeding in classes to over 2000 women during the last 2 years, including the design of an anti-natal programme to support fathers during labour and how to prevent post-partum depression.
* Contributing directly towards the personal and professional development of Trainees; including providing direct support and training during labour and ensuring their continued development; working in close liaison with the local University.

##### July 2011-June 2018

## Midwife

### Coventry Hospital, Maternity

I worked in the midwifery-led unit within a 30-bed maternity ward. I was involved in accessing the condition of mothers during their pregnancy, labour and after-birth, in addition to taking full accountability for notifying the Senior Midwife and wider medical team when I had identified any complications or where the pregnancy was not progressing as it should. I provide care for women and babies, advice, information and guidance regarding newborn sleep, feeding and bathing. I managed a wide range of administrative requirements, including updating patients’ notes and discharge referral forms. I performed a wide range of routine procedures including taking blood samples, GTT assessment and blood pressure profiles.

* I diagnosed and assessed patient conditions and referred to Consultant Obstetricians and worked with the wider assessment unit, consultants and daycare to ensure continuity of care.
* Co-delivered a range of information sessions on healthcare awareness, breastfeeding and car seat safety. <https://www.cvtemplatemaster.com>

##### May 2005 – March 2008

## Healthcare Assistant

### University Teaching Hospital Warwick

During the early years of my education and while my family was young, I worked part-time as a Healthcare Assistant within the Paediatrics department. I focused much of my time on providing direct support to the clinicians and I was involved in nursing assessments, triage and admission of patients. I undertook a range of observations and recorded all progress of the patients on the confidential medical charts and care plans.

* Regarded for the ability to build rapport and trusting relationships with children and their families and provided a reassuring presence especially to parents who required additional comfort and advice during medical procedures. <https://www.cvtemplatemaster.com>
* Responsible for ensuring clinical areas were adequately stocked with appropriate equipment and stock and assisted the nursing team and paediatric unit and supported with the care of sick children.

# Education

##### 2008 - 2011

## BSc (Hons) Midwifery, Coventry University

### Access to Higher Education, Science Stream, Coventry College of Further Education

* Following the birth of my fourth daughter, I returned to Further Education to complete an Access to HE course to enable me to return to University to achieve my long-term dream of becoming a Midwife.
* The support I received throughout my pregnancies inspired me and further confirmed my passion for midwifery. <https://www.cvtemplatemaster.com>
* I successfully managed this full-time course alongside raising 4 children under the age of 6; a real challenge but my children inspired and motivated me.

##### 2000 - 2001

## GCSEs

### Coventry High School

7 GCSEs including English (C), Mathematics (B), and Science (A).

# hobbies and interests

* I enjoy spending time with my family and in particular we love hiking in the countryside.
* I have two beautiful labradors and I enjoy showing them in dog shows across England.
* I love horse riding and have a stunning 4 year old black gelding named Harvey, currently

15.2hh at present with more to grow!

# references

Available on request.

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